RESONANCE AUDIT CHECKLIST

Transition from structural management to collective amplification

Internal Resonance
Are we vibrating together or operating in 'fight or flight'?

☐ In meetings, do we have a collaborative created space (open ideas, shared energy) or guarded silence?

☐ Does the team showing signs of chronic physical exhaustion (a symptom of low resonance) or grounded activation?

☐ Do stakeholders feel they have the power to shift a decision in real-time, do do they follow a survival script?

☐ Where is there tension between 'what' (KPI) and 'how' (emotional toll)?

Natural Frequency Check
Do our stories match the community's lived experience?

☐ Does our external messaging use 'hollow' professionalized language or does it mirror the community's natural vocabulary?

☐ Does the organization's 'periodic force' (programs/calls to action) harmonize with the community's history and struggles?

☐ What unofficial stories do people repeat most often? (If they don't match your mission, you have a resonance gap).

☐ Does the community see the organization as an outside force or an organic extension of their own movement?

Structural Echo
Do our systems amplify or muffle the community's voice?

☐ Do we gather in invited spaces (pre-set rules/agendas) or created spaces (community-authored agendas)?

☐ Does our reporting structure allow information to flow like a mycelium network (decentralized)?

☐ Do resources and information reach the points of greatest need automatically, or are they trapped by gatekeeping?

☐ Can we identify three areas where the community provided significant organizational input/oversight?

TALEM CONSULTING

Are you ready to measure the invisible frequencies that determine your true impact?
Get started at TalemConsulting.com.